

# birkirkara ST. JOSEPH

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## 20km Individual Time Trial - Coast Road 2<sup>nd</sup> February 2014

### Race Regulations

1. The Birkirkara St. Joseph 20km Individual Time Trial shall be organized by Birkirkara St. Joseph Sports Club under the auspices and regulations of the Malta Cycling Federation.
2. The event shall be held on Sunday 2<sup>nd</sup> February 2014 at 8:00am, along the Coast Road from Salina to Baħar iċ-Ċagħaq. Race starts from the recreational area opposite the Coastline Hotel in Salina.
3. The U12 category shall race a mass start of approximately  $\frac{2}{3}$  lap ( $\approx 4.8$ km). Race participation for U12 cyclists is free. All U12 participants will be presented with a token during the race presentation.
4. At the end of the U12 event, all other cyclists will be called to the start at one minute intervals in the following order of category – U15 Girls, U15 Boys, Ladies, Masters 60+, Masters 50+, Masters 40+, Juniors and Elite.
5. Cyclists in the U15 category shall complete two laps ( $\approx 13.2$ km). Cyclists in the Ladies, Masters, Juniors and Elite categories shall complete three laps ( $\approx 20$ km).
6. The starting order for this event shall be drawn by lots and published on the website of Birkirkara St. Joseph Sports Club by Friday 31<sup>st</sup> January 2014. Those cyclists who miss their start will be called out again at the end of the list against a time penalty of one minute.
7. Cyclists should use the race numbers assigned to them by the Malta Cycling Federation. Conventional CE approved cycling helmets must be worn by the participating cyclists both during warmup and during the race. Cyclists are to refrain from cycling on the race route before and after their participation. Cyclists shall keep to the left-hand-side of the road during the race and should never cross over the road double-line markings. Cyclists not adhering to these regulations shall be given a time penalty or disqualified.
8. This race is a non-drafting event. Cyclists riding within seven metres behind other cyclists will be considered as drafting unless they are clearly overtaking. Cyclists riding on the right-hand-side of other cyclists without overtaking will be considered as drafting as well. Drafting carries a one-minute penalty which is irrevocable.
9. The race route between Salina (bottom of T'Alla u Ommu Hill) and Baħar iċ-Ċagħaq (opposite the road leading to Mgħatab) shall be closed for vehicular traffic except for route buses, coaches and emergency services. Team vehicles shall not be allowed to circulate on the race route.
10. Race marshals shall not be responsible for keeping laps and in no way can they assist the cyclists during the races. Participants are to take all the necessary precautions to ensure their own safety during the event. Cyclists with a disability may also be taking part.
11. At the end of the race, trophies will be presented to the first three places in each category. Official results and complete classification shall be published on the website of Birkirkara St. Joseph Sports Club.
12. The race entry fee for cyclists in the Juniors and U15 categories is €3. For all the other categories, except U15, the fee is €7.
13. It is the sole responsibility of MCF Club Delegates to bring these regulations to the attention of their respective cyclists. A copy of these regulations duly signed by MCF Club Delegates should be forwarded with the entry lists in terms of regulation number 14 hereunder.
14. Clubs are to submit their entry lists and respective entry fees to Birkirkara St. Joseph Sports Club by not later than Wednesday 29<sup>th</sup> January 2014 using either of the following methods:
  - a. by post to Birkirkara St. Joseph Sports Club c/o 105, Ganu Street, Birkirkara BKR 1104 (mail to be delivered by noon of Wednesday 29<sup>th</sup> January 2014); OR
  - b. by handing them in directly at the Club's site office in Salina on Wednesday 29<sup>th</sup> January 2014 between 6:30pm and 7:30pm.
15. Under no circumstance shall applications be accepted after the closing date and time. Cheques should be made payable to Birkirkara St. Joseph Sports Club.
16. The organisers are the sole interpreters of these regulations. All decisions taken by the organisers or by any official acting on their behalf shall be final.

